

Spatially variable response of Antarctica's ice sheets to orbital forcing during the Pliocene

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51
52 **Variations in Earth's orbit pace global ice-volume/sea-level changes, but the variability in the**
53 **response for different sectors of the Antarctic Ice Sheet (AIS) to orbitally-forced climate change**

54 **remains unclear. We present geological records of iceberg-rafted debris (IBRD) and other proxies**
55 **from locations adjacent to the West Antarctic Ice Sheet (WAIS) and East Antarctic Ice Sheet**
56 **(EAIS) spanning ~3.3-2.3 Ma. Iceberg calving events from the WAIS recorded in Ross Sea sediment**
57 **cores show a linear response to orbital forcing at timescales corresponding to obliquity (40 kyr) and**
58 **precession (23-19 kyr) modulated by eccentricity (100 kyr). This contrasts with records adjacent to**
59 **the EAIS, which lack obliquity pacing. Geological data and ice sheet model sensitivity tests show the**
60 **WAIS is highly dynamic and responsive to oceanic melt driven by changes in Southern Ocean**
61 **circulation, together with atmospheric forcing through variations in local insolation. Conversely,**
62 **the EAIS appears less responsive to oceanic forcing, despite being the dominant source of**
63 **meltwater to the global ocean during the mid-Pliocene. Our results imply a significant role for**
64 **atmospheric warming on mid-Pliocene sea-level.**

65
66 Paleoclimate reconstructions of the Pliocene provide insights into the response of Earth system
67 components under climate forcing scenarios that are analogous to future projections¹. Proxies developed
68 from these records suggest that the mid-Pliocene (~3.26 to 3.0 Ma) was the last time atmospheric CO₂
69 levels exceeded 400 ppm^{2,3,4-6} and global mean temperatures were >2°C above pre-industrial values and
70 even warmer in polar regions^{5,6}. Discontinuous ice-proximal drill core data indicate that marine-based
71 portions of the WAIS advanced and retreated across the continental shelves at orbital periodicities⁷, while
72 ice sheet models⁸ and paleoenvironmental data^{9,10} show that WAIS variance was largely regulated by
73 shifts in oceanic heat flux to the Antarctic continental margin. The deep ocean benthic δ¹⁸O proxy, and
74 far-field sea level records^{11,12} provide continuous records of the pacing and magnitude of global ice
75 volume changes, compared to the often discontinuous nature of ice-proximal and marginal records. While
76 benthic δ¹⁸O and sea level records are globally integrated signals, they lack the ability to determine if
77 there exist spatially differences in how sectors of the AIS respond to different orbital frequencies, and
78 thus mask potentially sensitivities of WAIS and EAIS margins to different kinds of environmental change
79 predicted to provoke ice-sheet response in the future.

80 Here, we address how variations in orbitally-driven insolation manifest as climate and oceanic
81 feedbacks to directly influence AIS mass balance at a catchment scale and the implications for global sea-
82 level. Previous studies from the Antarctic margin have identified eccentricity (~400 and 100-kyr),
83 obliquity (~41-kyr) and precession (~20-kyr) regulated AIS variance, and attributed these to temporal
84 shifts in the dominant orbital frequencies to long-term secular variations in atmospheric CO₂ and Earth's
85 mean climate state^{7,10,13-16}. In this context, it has been hypothesised that marine ice sheets are inherently
86 more sensitive to obliquity-paced forcing^{7,10,15,17}. This is because changes in Earth's axial tilt strongly
87 regulate mean annual insolation and the pole-equator temperature gradient, altering the zonal position of
88 Southern Hemisphere westerly winds^{e.g., 7}. When these wind fields are further south, the resultant
89 upwelling brings relatively warmer Circumpolar Deep Water into contact with ice shelf cavities and
90 marine-grounding lines¹⁸⁻²⁰ triggering marine ice sheet instabilities^{e.g., 21,22} and a pronounced response to
91 obliquity-driven ocean forcing. In contrast, variations in local insolation forcing primarily result from
92 shifts in seasonal intensity and duration associated both with 400 and 100-kyr eccentricity-modulated
93 precession (20 kyr) cycles, in addition to obliquity^{e.g., 10,23}. However, long-term changes in local summer
94 insolation can directly influence the general nature of glacial-interglacial AIS variability^{e.g., 10}. When
95 atmospheric warming thresholds are crossed, the sea ice that rings the Antarctic continent melts, allowing
96 incursions of oceanic heat^{e.g., 24} and atmospheric rivers^{e.g., 25} to the AIS margin^{10,15}, thus driving surface
97 melt of the ice sheet its fringing ice shelves, leading to enhanced iceberg calving through hydrofracturing
98 of ice shelves and the creation of unstable ice-cliffs²².

99 Here, we compare geological records from two different marine-based sectors of the AIS, the
100 Ross Sea and Wilkes Land margins. Ice sheet model sensitivity tests suggest these two sectors have
101 different thresholds for oceanic and atmospheric warming to trigger marine-ice sheet instabilities, with the
102 entire WAIS (including the Ross Sea) and Recovery Basin region of EAIS being highly sensitive to
103 oceanic warming even in the absence of atmospheric warming, whereas Wilkes Land and Aurora
104 subglacial basins require atmospheric warming of >3°C for marine ice sheet loss to be triggered³⁰. In

105 order to test this model result and determine if WAIS and EAIS responded the same or differently to
106 orbital forcing in a similar-to-present (Pliocene) background climate, we compare a newly obtained,
107 continuous mid- to Late Pliocene record of Iceberg Rafted Debris (IBRD) Mass Accumulation Rates
108 (MAR) from Ross Sea International Ocean Discovery Program (IODP) Site U1524 adjacent to the WAIS
109 margin with IODP Site U1361 offshore of the Wilkes subglacial basin adjacent to the EAIS¹⁵ (Fig. 1).
110 Modern iceberg trajectories demonstrate the source margins for icebergs across these two sites are
111 distinct, despite their close proximity to one another (Fig. 1). Iceberg tracks are closely tied to surface
112 ocean currents. Thus, the majority of icebergs in the Ross Sea sector are sourced from the WAIS and
113 become entrained in the gyre system and flow northward. In contrast Site U1361 is under the influence of
114 bergs generated along the George V Coast of the EAIS, which are entrained by the eastward flowing
115 coastal counter current. During the Pliocene these bergs were locally sourced²⁶⁻²⁸.

116 IODP Site U1524 is located ~120 km north of the Ross Sea continental shelf edge at 74°13.05'S,
117 173°37.98'W and in 2394 meters water depth (Fig. 1) on the crest of the levee adjacent to the Hillary
118 Canyon submarine channel, the largest conduit for newly formed Antarctica Bottom Water (AABW) into
119 the Pacific Ocean³¹. Sediment deposition at this site is influenced by the low-energy (non-erosive)
120 suspension settling out of turbid spill-over from downslope cascading AABW. The transport of fine-
121 grained muds and biogenic detritus from surface water plankton (i.e., diatoms) results in finely-laminated,
122 diatom-rich muds and diatom oozes, superimposed with coarse sand and gravel deposited as IBRD (Fig.
123 2; see Supplementary Information for details on depositional setting)³². This succession provides an
124 expanded Pliocene (3.3 to 2.6 Ma) interval and is the most continuous high-resolution record of this time
125 interval recovered from the Antarctic continental margin (~20 cm/kyr). In Fig. 2 we plot time series of
126 IBRD MARs, alongside paleoceanographic proxy data of biogenic opal MAR, and organic geochemical
127 proxies (lipid biomarkers) for SST variability and meltwater input.

128 We assigned a downcore age scale via linear interpolation of a highly resolved bio-
129 magnetostratigraphy correlated to the GPTS (geomagnetic polarity timescale)^{32,33} (see Methods). Our
130 datasets were not astronomically-tuned, or tied to the benthic $\delta^{18}\text{O}$ foraminifera record cycles, in order to
131 avoid biases associated with proxy-based interpretation of globally-integrated ice volume change³⁴. This
132 avoidance of astronomical-tuning introduces some noise to our spectral analysis, particularly if there are
133 large shifts in sedimentation rate that is unaccounted for by the coarser resolution bio-
134 magnetostratigraphy (Supplementary Information). Our age model indicates an up-core decrease in
135 sedimentation rate, associated with declining input of biogenic silica, but also indicates relatively
136 continuous deposition that is not hindered by stratigraphic hiatuses as observed in the continental shelf
137 AND-1B site⁷ (Fig. 2). Notably, variability in sedimentation rates between paleomagnetic reversals, long-
138 term shifts in sedimentation rate, and stochastic processes are not significant enough to distort a pure
139 astronomical signal embedded within the Site U1524 record, thus providing additional confidence in our
140 proxy times series results (Supplementary Information). Given that the WAIS is currently losing ice
141 through iceberg discharge and supra- and sub-glacial melt processes^{35,36}, we interpret the variability
142 embedded in our IBRD and meltwater-based proxies to reflect repetitive cycles of marine-based ice sheet
143 mass change, that contributed to global sea level fluctuations with an amplitude of 5-25m during the mid-
144 to Late Pliocene¹². Our interpretation of the organic meltwater proxy (δD of $n\text{-C}_{18}$, see Methods) are
145 consistent with freshwater dinoflagellate indicators (Supplementary Information).

146 Spectral analysis of the untuned Ross Sea IBRD MAR time series reveals statistically significant
147 cycles that align with orbital frequencies associated with precession (~20-kyr), obliquity (~40-kyr), and
148 eccentricity (~400 and ~100-kyr) (Fig. 4; Supplementary Information). The IBRD MAR signal is so
149 robust that even with the addition of red noise to the data set, orbital frequencies are still statistically
150 significant (Supplementary Information). Evolutive power spectral analysis demonstrates that between 3.4
151 and 2.8 Ma, strong and significant variance occurs within both eccentricity (~400 and ~100-kyr) and
152 obliquity (~40-kyr) bands. However, after ~2.8 Ma the ~100-kyr eccentricity and 20-kyr precession
153 signals dominate the record (Fig. 3). Untuned paleoceanographic proxy records in U1524 sediments for
154 the mid-Pliocene interval between 3.3 to 3.0 Ma demonstrate that surface ocean productivity (Biogenic

155 Opal MAR) is significantly influenced by eccentricity and precession, whereas the $\delta_2\text{H C}_{18}$ fatty acid, an
156 organic geochemical meltwater proxy, is primarily paced by obliquity (Fig. 2 and Supplementary
157 Information).

158 We correlate cycles identified in the sedimentary proxies of Site U1524 with the cycles from a
159 more proximal, but stratigraphically-less complete, Ross Sea geological record – ANDRILL AND-1B
160 (Fig. 1 and 3). The latter captures WAIS grounding-line advance and retreat events on the continental
161 shelf, as well as surface water conditions during interglacials^{7,9}. Thus, we are able to link the direct
162 evidence for obliquity-paced glacial-interglacial advance and retreat recorded at AND-1B⁷ with the
163 continuous high-resolution offshore record of iceberg rafting at Site U1524, in order to obtain a complete
164 understanding of WAIS dynamics and associated oceanographic variability in the Ross Sea region.
165

166 **West Antarctic Ice Sheet sensitivities to orbital forcing**

167 Biogenic opal MAR and Natural Gamma Radiation (NGR) provide a measure of the relative
168 abundance of diatom and terrigenous mud content (Fig. 2 and Supplementary Information). Within the
169 mid-Pliocene Warm Period (mPWP) interval between 3.26-3.0 Ma (U1524, 270-200 m), low NGR and
170 relatively high biogenic opal MAR values characterize a prolonged interval of diatom ooze deposition,
171 that consists of highly fragmented frustules³². This interval is interpreted as reflecting highly-productive
172 warm surface waters on the outer Ross Sea continental shelf - the source region for sediment passing
173 down the Hillary Canyon and supplying deposition at the U1524 site. Low amplitude peaks in
174 eccentricity and obliquity occur in the IBRD MAR throughout this interval, particularly when biogenic
175 opal MAR values are relatively high. The high diatom-particulate burial flux in this interval (Fig. 2)
176 suggests either an overall increase in surface water productivity during the warmer mid-Pliocene climate
177 (3.3 to 3.0 Ma)^{5,9}, or a decrease in supply of glacialine terrigenous sediment to the outer Ross Sea
178 continental shelf. In either case, this increase in the biogenic component is interpreted to be a function of
179 a distal AIS grounding line relative to the continental shelf break. This inferred reduction in the marine-
180 based extent of West Antarctica is consistent with relatively lower IBRD MAR values compared to
181 younger intervals. This interval correlates with the presence of mud-rich diatom facies in correlative
182 interglacials in the AND-1B core associated with motif 2a. This interval in the AND-1B core is
183 interpreted to represent a setting consistent with a southward retreat of the WAIS grounding and calving
184 fronts in the Ross Sea sector compared with the Holocene, and an increased influence from surface-and
185 basal melt processes. The significant precession (~20-kyr) signal identified in the biogenic opal MAR
186 supports the notion that local, insolation-driven surface warming had a significant role in promoting the
187 calving flux along this margin. However, the organic geochemical meltwater proxy reconstructions also
188 demonstrate the significant role of surface-and or basal meltwater alongside calving fluxes in driving
189 grounding line advance and retreat recorded in the lithological cycles of AND-1B⁷ (Fig. 2).

190 While the IBRD MAR record appears to be strongly influenced by eccentricity and precession
191 modulated changes in local insolation relating to surface melt processes in this interval (Fig. 2 & 3), the
192 occurrence of obliquity in IBRD is consistent with rapid melt out and pulsing of icebergs from fast
193 moving glaciers in the absence of an ice shelf³⁷ as they are exposed to an oceanic margin with sea surface
194 temperatures (SST) of between 2 and 4°C⁹ (Fig. 3). The Ross Sea records demonstrate that under the
195 warmer climate regime of the mid-Pliocene, when local insolation is strong and sea ice extent along this
196 margin is minimal, both atmospherically-driven surface warming modulated by eccentricity, and ocean-
197 driven feedbacks associated with obliquity may contribute to WAIS ice volume changes reflected in the
198 globally integrated benthic $\delta^{18}\text{O}$ LR04 ice volume record (Fig 3). However, the dominance of eccentricity
199 and precession in far-field sea-level records^{12,38} during this time implies a subordinate contribution of
200 obliquity driven meltwater to global ice volume change.

201 After 3 Ma, the AND-1B record indicates that a cooling climate and ocean resulted in a decrease
202 of outwash muds during interglacials that was interpreted as an increasing influence of iceberg calving
203 processes on ice sheet mass balance (Fig. 2g)^{9,39}. While the AND-1B record, contains an unconformity
204 sometime between 2.9 to 2.7 Ma, the Site U1524 record supports this interpretation of shifting controls on
205 WAIS mass balance, as there is an increased amplitude and shift in cyclicity associated with the IBRD

206 MAR record. Alongside this, NGR and MS values both increase, indicating of an increase in overall
207 terrigenous input most likely related to an increase in erosional surface area along the shelf from more
208 extensive periods of ice advance and a relative decrease in surface water productivity over the shelf break.
209 Stratigraphically, the increased flux of IBRD within the middle of the Gauss subchron coincides with
210 evidence in the ANDRILL-1B core of a transition in the WAIS to a polar style ice sheet with reduced
211 meltwater influence³⁹, cooling SSTs (to ~1-2°C) and increased presence of perennial sea ice in the Ross
212 Sea^{7,9,39}. Consequently, the sedimentary packages in the AND-1B record indicate the development of
213 larger marine-based ice sheets, and ice-shelves during some interglacials.

214 Twenty-thousand-year ice sheet model simulations starting with a 1000-year linear increase in
215 atmospheric and ocean temperatures, initiated from present day conditions, demonstrate the relatively fast
216 response in the percent change of grounded, and subsequently floating, ice in the WAIS Siple Coast and
217 Amundsen Sea catchments. The loss of floating ice or ice shelves along the WAIS margin triggered by
218 ocean-induced thinning and surface melt would have reduced buttressing and enhanced ice discharge and
219 icebergs entering the into Southern Ocean (Supplementary Information). Notably, during the transition
220 from the warmer 3.6-3 Ma climate recorded in the AND-1B record (Fig. 3), the obliquity signal in the
221 IBRD record of Site U1524 is the strongest (Fig. 2). Thus, the data from U1524 and AND-1B, as well as
222 model sensitivity tests demonstrate that the WAIS is inherently sensitive to all orbital forcing factors
223 through atmospheric and marine driven processes, but the influence of those factors may change with
224 time due to boundary conditions and warming scenarios. This may explain the disappearance of the
225 significant obliquity signal after ~2.8 Ma in the Site U1524 record, although this signal reappears later in
226 the Pleistocene in IBRD MAR records from the same margin⁴⁰.

227

228 **Marine-based West and East Antarctic sensitivities to ocean and atmospheric forcing**

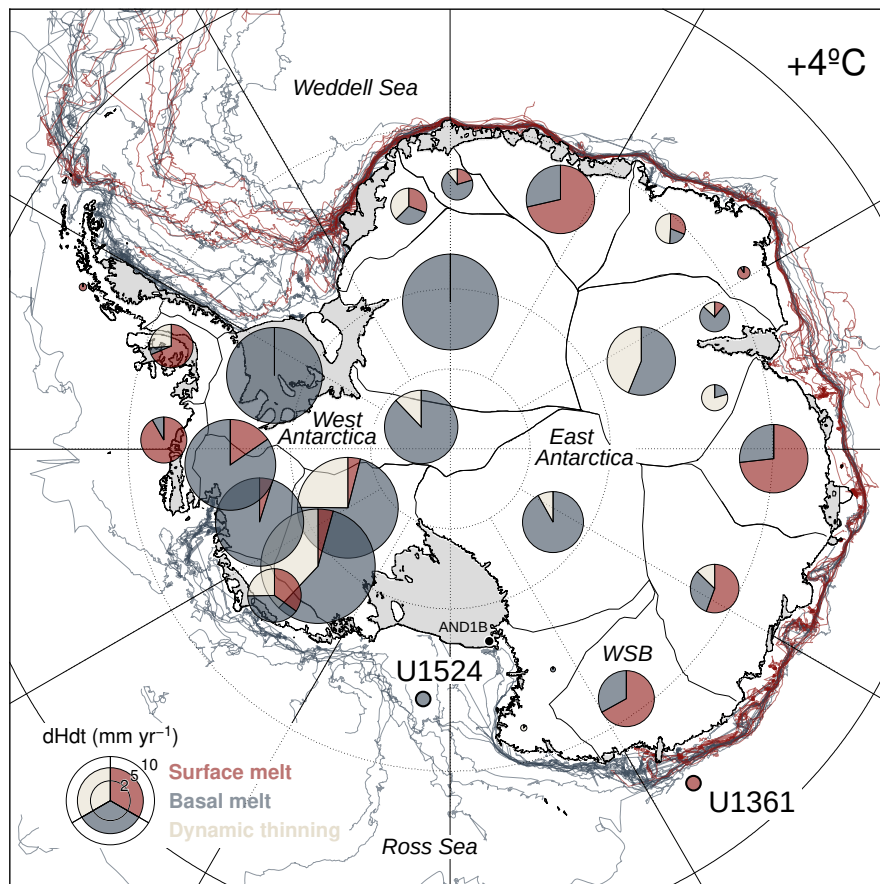
229 The power spectra of IBRD MAR from WAIS (U1524) and EAIS (U1361) both demonstrate
230 sensitivity to 100-kyr eccentricity modulation of local insolation from 3.3 to 2.3 Ma. Thus, WAIS and
231 EAIS marine based margins in the Pacific Ocean sector were both sensitive to Southern Ocean or
232 atmospheric feedbacks associated with austral summer insolation, controlled by precession and modulated
233 by eccentricity^{15,28,29}. However, the WAIS record deviates from the EAIS signature during the mid-
234 Pliocene warm period from ~3.2 to 2.9 Ma, with a greatly enhanced sensitivity to obliquity- and
235 precession- paced oscillations, which regulate changes in mean annual insolation and latitudinal
236 temperature gradients. After ~2.9 to 2.75 Ma the reduction in obliquity coincides with an interpreted shift
237 in the glacial regime, as inferred from the AND-1B record (Fig. 3). While the exact mechanistic influence
238 that obliquity exerts on Pliocene AIS variability remains elusive^{e.g., 7,23,41}, it has recently been
239 hypothesized that the ice sheet becomes most sensitive to obliquity forcing when it is grounded in a
240 marine environment and when sea ice is limited during warm climates¹⁰. Consequently, we propose that
241 obliquity amplifies wind-driven oceanic upwelling and basal melting processes that trigger ice sheet
242 destabilization^{18,19,42}. This is consistent with the pronounced precession signal in the astronomical solution
243 during the warm mid-Pliocene compared to obliquity. When local insolation is most intense under a warm
244 climate, only a small change in obliquity is required to amplify processes associated with, and driving,
245 basal melt (Fig. 3).

246 While the Ross Sea sector of WAIS may have experienced an additional sensitivity to obliquity
247 forcing when the coastal sea ice field was significantly reduced and the ice sheet extended into marine
248 embayments during parts of the warm mid-Pliocene⁷⁻⁹, the 100-kyr pacing throughout the mid-Pliocene to
249 Early Pleistocene (3.3 to 2.3 Ma) in the Ross Sea sector of WAIS and along the marine-based EAIS
250 Wilkes Land margin is consistent with large amplitude changes in sea level. These large amplitude
251 changes require contributions from both marine-based WAIS and EAIS catchments (13 ± 5 m)^{12,14,27,28,43}
252 prior to the build-up of extensive ice sheets in North America (~2.7 Ma). Notably, the recently recovered
253 geological records from IODP Expedition 382 in the Weddell Sea sector also demonstrates a significant
254 eccentricity and precession pacing¹⁶. Relatively smaller coastal catchments along that margin may have
255 experienced similar sensitivities to atmospheric warming as the Wilkes Subglacial Basin along the George
256 V coast³⁰ providing an additional contribution to sea level.

257 The lack of a significant obliquity pacing in the WAIS record after 2.75 Ma, and throughout most
 258 of the Wilkes Land EAIS record offshore the Wilkes Subglacial Basin, relative to the persistence of
 259 obliquity throughout LR04 record suggest the 41-kyr obliquity signal is primarily sourced from growth
 260 and decay of the Northern Hemisphere Ice Sheets (NHIS) (Fig. 3). Other ice sheet catchments around the
 261 AIS margin, such as the Recovery Basin of the EAIS in the Atlantic Ocean sector³⁰, could have been
 262 sensitivity to obliquity forcing. However, the Weddell Sea sector records do not demonstrate a strong and
 263 persistent obliquity signal until after ~2 Ma¹⁶, similar to the Pleistocene Ross Sea IBRD MAR records⁴⁰.
 264 Additionally, our modeling component highlights the longer response time of marine-based margins of
 265 EAIS compared to the WAIS for all potential warming scenarios.

266 In summary, we observe a non-linear response of marine-based Antarctic ice sheet catchments to
 267 natural temperature forcing mechanisms. This observation is supported by modeling that demonstrates a
 268 stronger sensitivity of the WAIS margin to oceanic forcing compared to EAIS during the warm mid-
 269 Pliocene. We conclude that if global mean temperatures exceed 2°C and sea ice conditions in the Ross
 270 Sea sector decrease, as analogous to the mid-Pliocene conditions, the Pacific Ocean sector of WAIS will
 271 undergo enhanced ocean-driven melt, consistent with modeling experiments.

272
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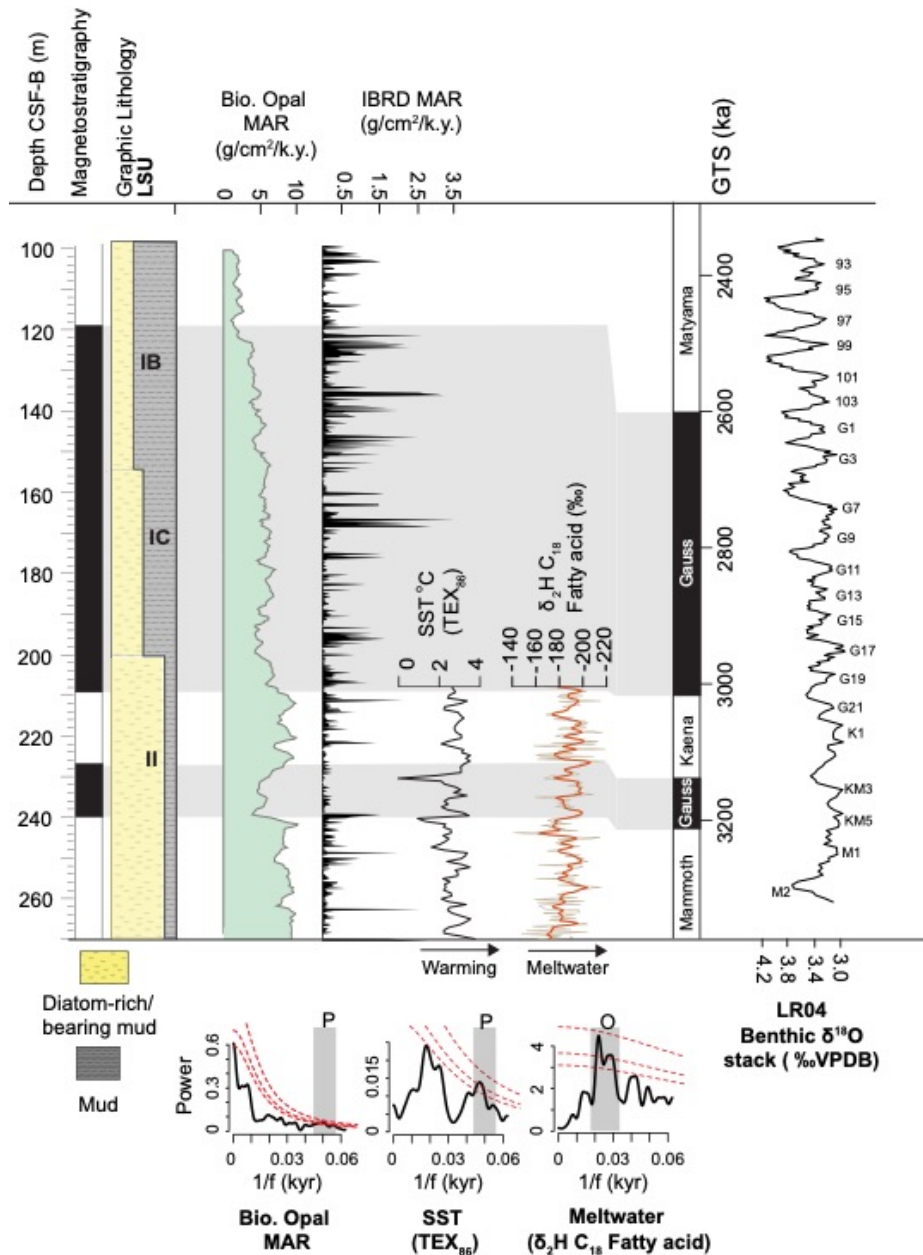


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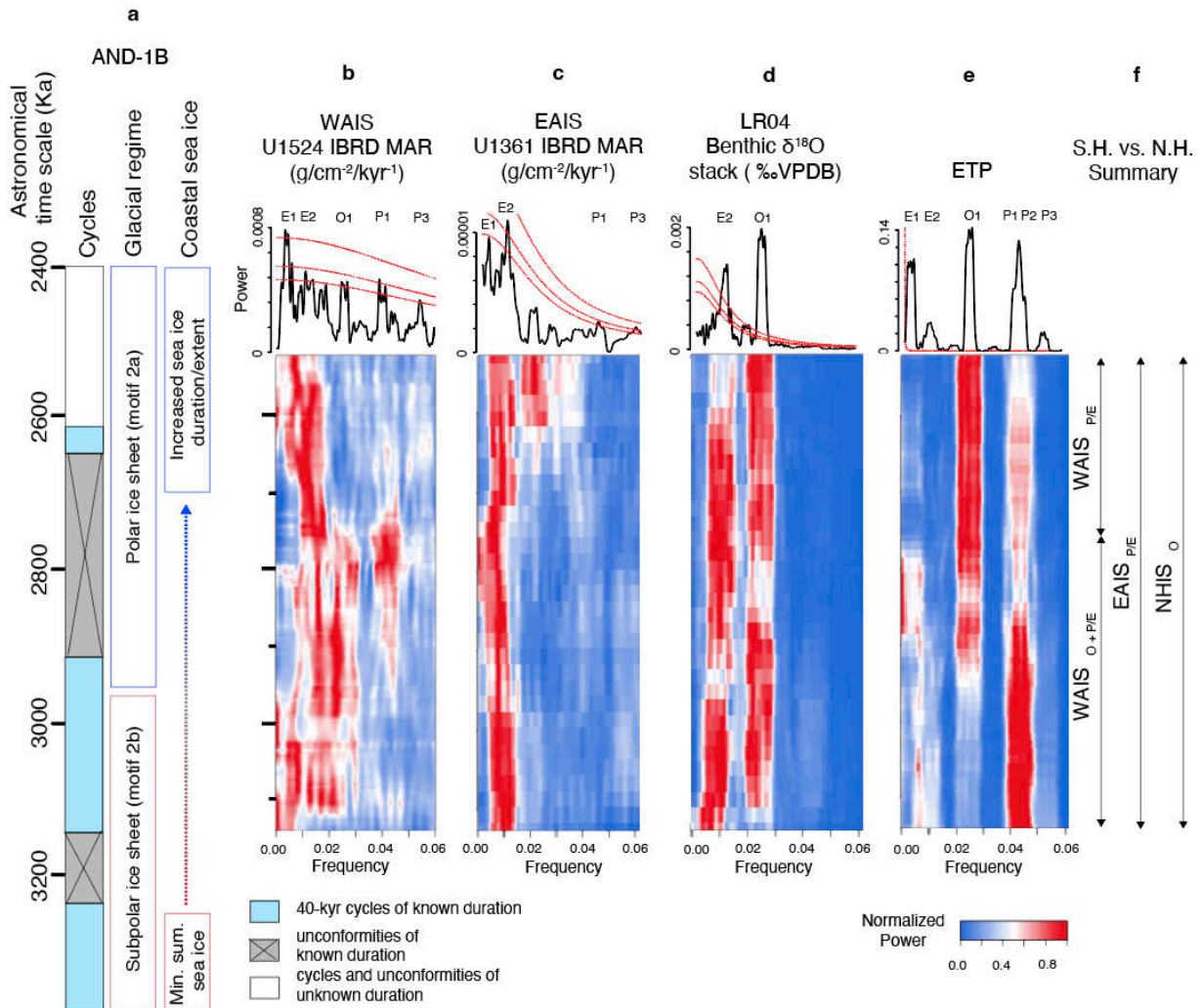
276

277 **Figure 1. Location of IODP sites U1524 and U1361 and sources margin of icebergs tracked**
 278 **from 1978 & 1992 to 2021.** The relative sensitivity of each Antarctic catchment to atmospheric
 279 forcing with a spatial uniform air temperature increase of 4°C. Ice mass loss through basal melt
 280 dominates West Antarctica catchments in the vicinity of U1524. Surface melt is the primary

281 process that contributes to ice mass loss associated with East Antarctic catchments associated
 282 with the Wilkes subglacial basin (WSB).
 283



284
 285
 286 **Figure 2. Depth series develop for IODP Site U1524 between 3.3 to 2.3 Ma.** Stratigraphic and
 287 chronologic summary for the depth interval 270-100 m includes: biogenic opal MAR, IBRD
 288 MAR, TEX₈₆ derived SST (°C) estimates, and δ₂H C₁₈ fatty acid record a proxy for meltwater
 289 are compared to the LR04 δ¹⁸O stack³⁴. Power spectral estimates for paleoceanographic proxies
 290 with significant precession (P) and obliquity (O) bands are highlighted in grey.
 291
 292



293
 294 **Figure 3. Power spectral estimates and multi-taper method time-frequency analysis (see**
 295 **Methods) of WAIS and EAIS IBRD MAR records and comparison with known obliquity**
 296 **paced 40-kyr glacial advance-retreat cycles, and the ice sheet-ocean-sea ice evolution in the**
 297 **Ross Embayment based on the AND-1B record (a)^{7,9,39}, the LR04 $\delta^{18}\text{O}$ stack(d)³⁴, and**
 298 **orbital parameters of eccentricity-tilt-precession (ETP)⁴⁵. Power spectral estimates include**
 299 **significant orbital frequencies (e.g., E1, E2, O1, P1, P2, P3) identified in time series data (see**
 300 **Methods) and multi-taper method time-frequency analysis (see Methods) displays normalized**
 301 **power (colour scale) in b-e. Red dashed lines in power spectral estimates identify significance**
 302 **levels above 85%, 90% and 95% above confidence limits⁴⁶ respectively. f, summarizes Southern**
 303 **and Northern Hemisphere orbital forcing ice sheet scenarios discussed in this manuscript.**
 304
 305

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400

401 **Methods**

402 IBRD MAR

403 Six hundred and ninety samples of 20 cm³ samples were freeze dried and wet sieved in
404 order to determine the weight percent of the 250 μm to 2 mm fraction of coarse sand following the
405 method of ref.¹⁵. The calculation of an Iceberg Rafted Debris Mass Accumulation Rate (IBRD
406 MAR) of the coarse sand fraction was estimated using the following equation:

407

$$408 \text{IBRD MAR} = \text{CS\%} * \text{DBD} * \text{LSR},$$

409

410 where IBRD MAR is the mass accumulation rate (g/cm²/k.y.), CS% is the coarse-sand weight
411 percent, DBD is the dry-bulk density of the “nearest” value (g/cm³) and LSR is the sampled
412 interval average linear sedimentation rate (cm/k.y.).

413

414 Biogenic opal (Oscar)

415 Biogenic silica (opal) was measured using a sequential leaching technique in the MARUM
416 Opallab (University of Bremen, Bremen, Germany)⁴⁷. The precision of the sequential leaching
417 technique is better than 0.5%⁴⁷. The spatial resolution of bSi measurements were taken every 40
418 cm. The precision of the overall method based on replicate analyses is mostly between ± 0.2 and
419 $\pm 0.4\%$, depending on the composition of the material analyzed. For standard deviations of

420 biogenic silica measurements, we refer to⁴⁷. For the interval 3.31-2.42 Ma, biogenic silica ranges
421 5.39 and 75.0wt.% (average 29.70 ± 11.06 wt. %).

422

423 Palynology (Fran)

424 Sample processing was performed at Utrecht University, following standard techniques
425 of the Laboratory of Palaeobotany and Palynology. Samples were oven-dried and weighed (~15
426 g dry weight sediment each). One *Lycopodium clavatum* tablet with a known amount of marker
427 spores was added for quantification of palynomorph abundances⁴⁸.

428 Samples were treated with 10% HCl (Hydrochloric acid) and cold 38% HF (Hydrofluoric
429 acid), then sieved over a 10 μ m mesh with occasional mild ultrasonic treatment. To avoid any
430 potential processing-related preservation bias, no oxidation or acetolysis was carried out. The
431 processed residue was transferred to microscope slides using glycerine jelly as a mounting
432 medium, and 2 slides were analysed per sample at 400 \times magnification. Slides were examined for
433 detailed marine palynomorphs (dinoflagellate cysts, acritarchs and other aquatic palynomorphs).
434 Dinocysts were identified based on a taxonomical index⁴⁹ and informally and formally described
435 species in the literature^{50,51}. Dinocyst percentages were calculated based on the total in situ
436 dinocysts counted, excluding reworked specimens. Reworked dinocysts include few specimens
437 or fragments of Eocene and Oligocene taxa (mostly *Vozzhennikovia* spp.). In situ dinocyst and
438 other palynomorphs like the brackish water algae *Cymatiosphaera* spp. absolute abundance
439 (specimens/g dry weight) were calculated by counting the amount of *Lycopodium clavatum*
440 spores encountered, following the equation of ref.⁵².

441

442 Organic Geochemical proxies (Osamu)

443 Lipid compounds were extracted from homogenized dry sediment with Dionex-ASE200.
444 Total extracts were separated into neutral and acid fractions by aminopropyl silica gel column
445 chromatography⁵³. The acid fraction was methylated by using methanol-acetyl chloride, and
446 then purified with silica gel column chromatography. δ D (‰, vSMOW) of *n*-C₁₈ fatty acid
447 methyl esters was measured using a gas chromatograph-thermal conversion-isotope ratio mass
448 spectrometry (GC-TC-IRMS) system consisting of HP7890 GC, thermal conversion interface
449 and an Elementar isoprime visION mass spectrometer. The measured δ D value of *n*-C₁₈ fatty
450 acid methyl esters was corrected by an isotopic mass balance equation for the contribution of
451 hydrogen added during esterification.

452 The neutral fraction was further separated into subfraction for glycerol dialkyl glycerol
453 tetraether (GDGT) analysis. GDGTs were analyzed using high performance liquid
454 chromatography-mass spectrometry (HPLC-MS) with an Agilent 1260 HPLC system coupled to
455 6130 quadrupole mass spectrometer. The standard deviations of crenarchaeol, GDGT-I, GDGT-
456 II and GDGT-III measurements in replicate LC/MS analysis were 1, 1, 3 and 2% in sediment
457 samples, respectively. TEX₈₆^L index was converted into temperature using ref.⁵⁴ equation: $T =$
458 $50.8 \times \text{TEX}_{86}^L + 36.1$.

459

460 Age model

461 The age model consists of a highly resolved magnetostratigraphy (average sample
462 spacing = ~0.6 m; 3 kyr resolution for the Pliocene; 13 kyr resolution for the Pleistocene) guided
463 by well-constrained age-diagnostic biostratigraphic events, and is correlated to the GPTS
464 (geomagnetic polarity timescale)^{32,33}. The error surrounding paleomagnetic reversals is on
465 average of ~1.0 m or ~5.6 kyr, based on linear sedimentation rates within each chron/subchron

466 and spacing of discrete paleomagnetic samples. This error is an order of magnitude less than the
467 error in another published Antarctic ice marginal record from a similar setting, IODP Site
468 U1361, along the Wilkes Land margin, where orbital scale variability of the ice sheet was
469 quantified^{15,55}.

470 471 Time series analysis

472 Time series analysis for this study used “Astrochron: An R package for
473 Astrochronology”⁵⁶. Prior to analysis all data was resampled at a median sample resolution or
474 greater and detrended. All power spectral analysis used the multitaper method (MTM)⁵⁷, with
475 three 2π prolate tapers and identified significant orbital frequencies using three red noise
476 confidence level estimates^{46,57,58}, based on the orbital solution of ref.⁴⁵. Time-frequency MTM
477 analysis included a 450-kyr window at a time-step equal to or greater to the sample resolution.
478 Each window was linearly detrended before analysis. All code is available as Supplementary
479 Information.

480 481 Ice Sheet Modeling

482 To objectively investigate the differing responses of West and East Antarctic ice sheet
483 catchments and to quantify their respective behaviours we use an ensemble of ice sheet model
484 experiments that capture a broad range of possible climate (ocean and atmosphere) scenarios³⁰.
485 Our simulations use the Parallel Ice Sheet Model version 0.6.3^{59,60}, a fixed-grid hybrid ice flow
486 model that superposes velocity solutions from both the shallow ice (SIA), and the shallow shelf
487 (SSA), approximations of the Navier-Stokes flow equations. This hybrid scheme allows for a
488 spatially consistent representation of flow by internal deformation (creep) and by longitudinal
489 stretching, enabling dynamically diverse regions such as the slow-flowing ice sheet interior as
490 well as faster-flowing outlet glaciers, ice streams, and fully-floating shelf ice to be captured in a
491 contiguous manner. Basal sliding of grounded ice occurs in an entirely emergent way depending
492 on the thermal state of the basal ice and the yield strength of subglacial sediments. This latter
493 term is initialised from an elevation-dependent piecewise-linear prescription of till friction angle,
494 such that deeper beds are given lower friction values in recognition of their greater likelihood of
495 containing soft (potentially marine) sediments. Higher elevation topography is assigned higher
496 friction, on the assumption that sediment cover may be less, and bare bedrock may be more
497 common. Pore water arising from basal melting of ice is allowed to permeate the substrate and in
498 doing so reduces its yield strength. Cyclic oscillations may therefore arise in which thickening
499 ice leads to greater basal melt that triggers sliding, which in turn thins the ice, reducing basal
500 melt and sliding, and allowing renewed thickening^{61,62}.

501 To accurately track the changing position of the junction between grounded and floating
502 ice we employ a grounding-line scheme that uses a subgrid interpolation⁶³. This scheme as
503 implemented in these experiments interpolates basal driving stress across the grounded-floating
504 transition but is not used to interpolate basal melting, meaning that sub-ice shelf melt rates are
505 only applied to fully floating cells and do not extend landward. Bed deformation due to ice
506 loading is accounted for following the fast-Fourier transform model of⁶⁴, which accurately
507 captures the multi-millennial scale viscous deformation of the mantle relevant to the orbital
508 timescales of our study. Melting at the base of ice shelves (and at the grounding line) is
509 calculated from a three-equation model^{65,66} that determines the freezing point in the boundary
510 layer from prescribed spatial fields of ocean temperature, salinity, and depth.

511 To enable computational tractability of our ensemble of 42 x 20,000 year-long
512 simulations we employ a spatial grid size of 20 km. Our experiments all start from a present-day
513 ice sheet configuration that is close to a steady state, using air temperatures from ref.⁶⁷ and a
514 surface mass balance field from ref.⁶⁸. The model is run for 2000 years under these (constant)
515 conditions, followed by a 1000-year-long linear increase in both oceanic and atmospheric
516 temperatures that is then held constant for the remainder of the run. Temperature anomalies are
517 applied in a spatially uniform manner. Perturbed atmospheric temperatures are linked to
518 precipitation, such that the latter increases by 5.3% for each degree of atmospheric warming, in
519 line with observations and models⁶⁹. Further information on the model used and previous
520 implementations can be found elsewhere^{30,70}.

521

522 **Data availability**

523 Data and scripts will be made available as supplementary information during time of publication.

524

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543 Station, TX 77845).

544

545 **Author contributions**

546 M.O.P., C.R., O.S., O.E.R., M.N., F.S., R.M., G.G., and N.R.G. designed the research in
547 collaboration with the entire IODP expedition 374 science party. C.R. produced U1524 IBRD
548 MAR record. O.S. carried out all organic geochemical analysis and produced the TEX₈₆ and δ_2H
549 C₁₈ fatty acid data sets. O.R. collected biogenic opal data. M.N. and F.S. collected palynology
550 data. N.G. carried out ice sheet modeling experiments. Time series analysis was carried out by
551 M.O.P., W.D.A., and H.J. in collaboration with S.M. Age model development was carried out by
552 G.C., D.H., D.K., R.M.L., O.R., S.T.S., T.v.P., and W.X. Sedimentological interpretations were
553 made by M.O.P., J.A., I.C.D., S.I., B.K., S.K., S.L., A.S., and S.S. Physical property data sets
554 were developed by B.R., F.B., I.B., J.G., and S.K. Figure 1 was created by N.R.G. Figure 2 and 3
555 were created by G.G. and M.O.P. R.M., G.G., B.K., T.N., R.L., S.M., N.S., and N.V. assisted in
556 interpretations of the data. All authors contributed to drafting the manuscript. R.M. and L.D.

557 were co-chiefs of IODP Expedition 374. All IODP Expedition 374 scientists contributed to the
558 collection of shipboard datasets and initial interpretations for Site U1524.

559
560 Supplementary Information is available for this paper.

561
562 The authors declare no competing interests.

563
564 Correspondence and requests for materials should be addressed to Molly O. Patterson.

565

566 **Method References**

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